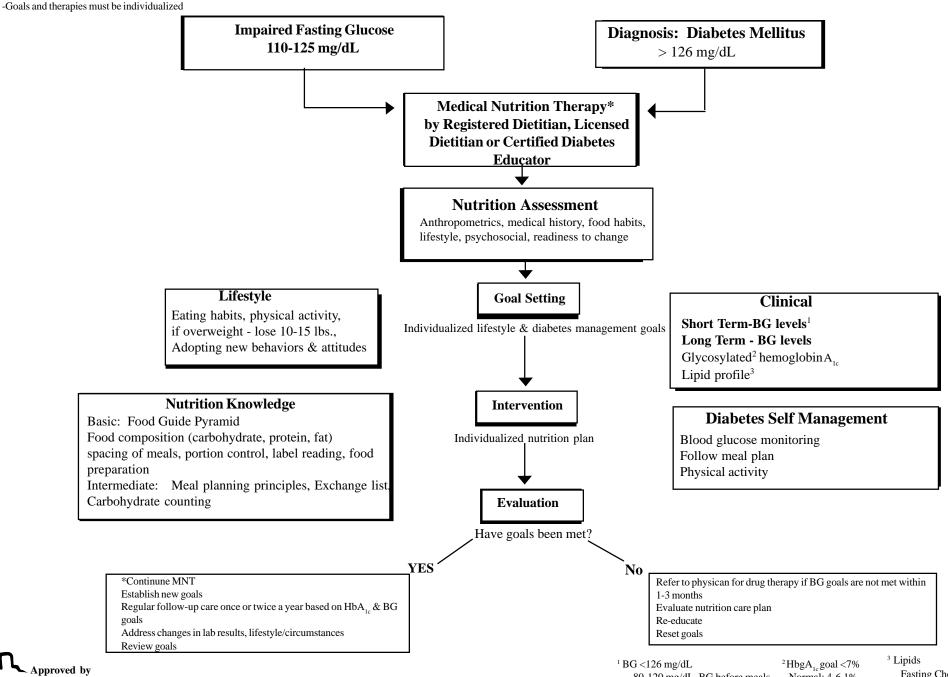
## **Medical Nutrition Algorithm** IFG/Type 2 Diabetes Prevention & Therapy

-Normal FPG: < 126 mg/dL



Texas Diabetes Council

80-120 mg/dL BG before meals 100-140 mg/dL at bed time

Normal: 4-6.1%

Fasting Chol < 200 mg/dL HDL > 40 mg/dLLDL < 130 mg/dLFasting Trig < 200 mg/dL